



# PUSD Summer Breakfast Menu

## June – August 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Week 1</u> Jun 3-7 Jun 17-21 Jul 1-5 Jul 15-19 Jul 29-Aug 2	Whole Grain Chocolate Chip Muffin or Whole Grain Cereal w/ Cheese Stick  Orange Wedges Juice Milk	Ham & Cheese English Muffin or Whole Grain Cereal w/ Cheese Stick  Banana Juice Milk	Whole Grain Bagel with Cream Cheese or Whole Grain Cereal w/ Cheese Stick  Peach Cup Juice Milk	Pancake Wrap or Whole Grain Cereal w/ Cheese Stick  Apple Slices Juice Milk	Whole Grain Buttermilk Bar or Whole Grain Cereal w/ Cheese Stick  Fresh Grapes Juice Milk
<u>Week 2</u> Jun 10-14, Jun 24-28 Jul 8-12 Jul 22-26 Aug 5-9	Whole Grain Bagel with Cream Cheese Or Whole Grain Cereal w/ Cheese Stick  Orange Wedges Juice Milk	Fresh Fruit and Yogurt Parfait w/ Granola or Whole Grain Cereal w/ Cheese Stick  Banana Juice Milk	Sausage & Cheese Biscuit Or Whole Grain Cereal w/ Cheese Stick  Peach Cup Juice Milk	Whole Grain Cinnamon Roll Or Whole Grain Cereal w/ Cheese Stick  Apple Slices Juice Milk	Whole Grain Pop Tart Or Whole Grain Cereal w/ Cheese Stick  Fresh Grapes Juice Milk

**A variety of milk is offered daily including Fat Free, Low Fat 1%, and FF Chocolate. The milk we offer does not contain GMO ingredients and is hormone-free. A variety of locally sourced fruits and vegetables is offered daily. Each person 18 yrs. or younger must select a fruit and/or vegetable as part of a complete meal.**

**This institution is an equal opportunity provider.**

Monthly menus, nutrition, allergen, and carbohydrate information can be found at: [www.pusd.us](http://www.pusd.us).

For additional information or inquiries, please contact PUSD Food and Nutrition Services 740 W. Woodbury Rd, Pasadena, CA 91103 (626) 396-5852